Colorado Society of School Psychologists 2013 Annual Conference

# Engaging Our Strengths

Fostering our strengths by addressing self-care, collaborative leadership, meaningful goal setting, evaluation, and supervision

November 7-9, 2013

Vail Marriott Mountain Resort & Spa Vail, Colorado

# Colorado Society of School Psychologists

School t	School Psychologists				
Elected Officers					
President	Janelle Bierdeman				
President Elect					
Past President	S .				
Secretary	,				
Treasurer	Suzanne Delap				
Regional Representatives					
Eastern Plains	•				
Metro					
Northern					
Pikes Peak	•				
Southern					
Western					
NASP Delegate					
NASE Delegale	Michelle Malvey				
Program Managers					
Advocacy					
Information Services					
Professional Development Professional Standards					
Professional Standards	Gloria Miller				
Advocacy					
Collaborative Relations					
Crisis Team	, ,				
Legislative	<u> </u>				
Wellness Coordinator	Debbie Bassett				
Professional Development					
Conference Chair					
Courage to Risk					
Professional Relations	Jen Westman				
Student Representatives					
	Krista Helbing & Alison McGrath				
University of Denver					
University of Northern Colorado	Jenna Guttormson & Jennifer Lopez				
Information Services					
Media Relations					
Membership	Beth May				
Publications					
Research	•				
Technology	Franci Crepeau-Hobson				
Professional Standards					
CDE Representative					
Independent/Private Practice					
Multicultural Advisory	Margarita Cordero & Angela Restrepo				
University Trainers					
University of Colorado at Denver	Franci Crepeau-Hobson				
University of Denver					
University of Northern Colorado	Achilles Bardos				
Strategic Action Planning Comm	iittee				
Co-Chairs	Cindy Grubbs & Lynnette Pfeiffer				
Char Armstrong					
Elly Baker Janelle Bierdeman					
WWW RIOTGODGO					

Table Of Conte	ents
CSSP Board Members	2
Welcome & President's Message	3
Conference & Lodging Information	4
Program Updates	4
NASP Table	4
Certificates of Attendance (CPDs)	4
Exhibitors, Sponsors & Merchandise	5
Special Events	6-7
Silent Auction	7, 15
Student Events	7
Personal Schedule	8
Conference In Brief	8
Venue Map	9
Session Formats	9
Preconference Schedule	10
Board Meet & Greet	10
Friday, November 8 Conference Schedule	11-15
Opening Keynote	11
Membership Luncheon & Awards	13
2013 SPOTY Nominees	13
Exhibitors' Reception	15
Luau Dinner & Live Entertainment	15
Saturday, November 9 Conference Schedule	16-19
Ethics Session	16
Closing Keynote	19
Poster Presentations	20-21
Speaker Biographies	22-23
Conference Committee	24

Janelle Bierdeman Cat Thomas

Susy Ruof & Kathy Sievering

## Welcome

This year's conference emphasis is on professional growth. Please take advantage of the opportunities provided throughout each day for collaboration, networking, self-care and continuing education. Whether you are a school psychologist, social worker, counselor, special educator, advocate, director, administrator, graduate student or university professor, this event was designed to empower and energize you. **Enjoy!** 

## **CSSP Mission Statement**

CSSP's mission is to strengthen the effectiveness of school psychologists in addressing academic, social, and emotional needs of children and youth in Colorado. We believe that school psychologists have a unique niche in the educational process. We are grounded in research-based educational and psychological practice and collaboration skills that allow us to provide the leadership necessary for the educational change process.

## President's Message



My fabulous friends & esteemed colleagues,

I cannot begin to express how excited I am that you are here! As we say where I grew up, E Komo Mai (Welcome) to CSSP's 2013 annual conference "Engaging Our Strengths."

Our chosen vocation can be challenging; needs are great and meaningful feedback is often absent. This year's theme was born of my own search for renewed energy and purpose as a school psychologist. Our topic, working together to improve our practice by focusing our efforts on what we are good at, has ignited my passion and with it my desire to encourage others in their pursuit of professional excellence. This year's emphasis on Domains 9 (Program Evaluation) & 10 (Legal/ Ethical/ Professional Practice) mirrors our organizational mission and has become increasingly relevant with the advent of evaluation reform, professional role changes, and recent traumatic events in our state.

Data speaks loudly and we listened to you! Our survey results from previous conferences suggested members most valued quality local speakers, time to catch up with co-workers and friends and relevant themes. This year's schedule of keynotes, workshops, breakouts, poster presentations, skills & information sessions and special events promises engaging speakers, intriguing topics, more opportunities for collaboration, and activities designed with your rejuvenation in mind. All told, you will have the opportunity to earn more than 15 documented CPD's (see page 4) including the required 3 ethics credits for your NCSP. I invite you to check out my personal conference favorites, marked with a throughout the program.

None of this would be possible without the excellence and support of our 2013 CSSP Conference Committee and our CSSP Board. Not to mention the professionals from across the state and country who submitted proposals to present the latest research and most applicable strategies to our attendees. Thank you also to our 2013 Conference Sponsors including CDE, MHS, PAR & Pearson.

I encourage you to dig deeper at conference this year. Consider taking a moment to breathe, re-prioritize, and set a goal for personal wellness. Indulge with time away to meditate on our beautiful surroundings or reconnect with your creative side. Be spontaneous, laugh lots with old friends and engage in collaborative conversations with colleagues you have just met. Stretch yourself and challenge your own ideas about professional growth. Find out what it means for you to engage your strengths!

Mahalo (Thank you) for joining us!

## Conference & Lodging Information

## **Conference Registration:**

Onsite registration is available now at the registration desk located downstairs in the Grand Ballroom foyer.

#### Questions?

Check with our volunteers at the registration desk, available from 7:00am-6:00pm on Thursday & Friday and 7:00am-11:30am on Saturday.

### **Conference Amenities:**

Daily Breakfast, Annual Membership Luncheon & Exhibitor's Reception on Friday included. Complimentary valet parking, bottled water, and in-room wireless internet. A 15% discount on select services at Golden Leaf Spa and at hotel restaurants.

<u>CSSP Members Only</u>: Pick up your free gift at the registration table when you check in!

## Lodging Information:

Conference attendees are receiving discounted room rates at the Vail Marriott Mountain Resort in beautiful Lionshead Village. Guest rooms include a coffee maker, hair dryer, humidifier, safe, iron & ironing board, complimentary tea & coffee, two robes and upgraded bath amenities. Please check with the concierge for a list of area activities and local recommendations.

### Venue Amenities:

Heated outdoor pool & hot tub, Indoor pool, fitness center, complimentary wireless internet in lobby & public areas and front door access to Vail Transit FREE bus service for transportation throughout town with real-time arrival info available to passengers at each stop.

## **Updates**

Tweet about your conference experience and watch for live conference updates at #CSSP2013. You can also check our conference web page <a href="http://cssp-conference-2013.webnode.com/">http://cssp-conference-2013.webnode.com/</a>, "like" us on Facebook (search Colorado Society of School Psychologists), or watch the monitors throughout the conference center for schedule updates.

### Message Board

Connect with colleagues, Publicize personal goals, find a self-care accountability partner, share resources and collaborate on our 2013 conference message board. Sticky notes are included in your registration packet to get you started!

## NASP Membership Table & Raffle

Be sure to visit the NASP table to register for a raffle of NASP publications! Current NASP members and new NASP members who join at the CSSP conference are eligible for the raffle. Raffle winners will be selected and announced Saturday morning. Pick up your NASP ribbon and update your email information so that you receive relevant monthly updates from your Colorado NASP delegate, Michelle Malvey.

#### **NASP Domains**

NASP Members are encouraged to participate in the <u>Self-Assessment for School Psychologists</u> available on NASP's website. This tool is aligned with the NASP Practice Model and designed to assist you in selecting professional development opportunities that meet your professional goals. Use this tool and the domain notations in the program to help you prioritize the sessions that would be most beneficial as part of your own development plan.

## NASP & CDE Approved CPDs

(CSSP maintains responsibility for this program)
The Colorado Society of School Psychologists is approved by NASP to offer continuing education for school psychologists. Conference participants may earn continuing professional development (CPD) credits for attending conference sessions. These hours may be used towards licensure renewal and/or renewal of the National Certification for School Psychologists (NCSP).

Please note: Special Events, Student Events & other selected sessions, as designated in the Conference Program, are <u>not</u> considered eligible CPDs.

### **Certificates of Attendance**

Participants who attend the preconference sessions on Thursday and those who attend the Ethics session on Saturday will be given CPD letters of verification at the end of each session; no signature is required. Participants must arrive on time, remain until the end of these sessions, and complete an evaluation to receive a letter of attendance. Participants may also earn credit for attending Friday and Saturday conference sessions. No letters of attendance will be awarded at the conclusion of these sessions. Instead, conference attendees must complete Activity Documentation Forms (ADF), available in their conference folder or at the registration table, for each conference activity they complete.

Prior to departing the conference, your ADF <u>MUST</u> be signed by our NASP CPD Official at the conference registration desk.

## Exhibitors, Sponsors & Merchandise

#### **BehaviorLENS**

BehaviorLENS is an iPad application designed by two Colorado school psychologists looking to streamline the process of completing behavior observations. This powerful yet intuitive program includes four tools: Interval, Duration, Frequency, and ABC Recording. Data can be synthesized into meaningful graphs to share with parents and colleagues. Behavior Lens is available in the iTunes App Store. Please visit our website at www.superpsyched.com for more information about uses and features.

Please Note, BehaviorLENS is only available for use on the iPad.

### Colorado School Safety Center

Supporting Safe and Positive Colorado Schools: The mission of the Colorado School Safety Resource Center (CSSRC) is to assist educators, emergency responders, community organizations, school mental health professionals, parents and students to create safe, positive & successful school environments for Colorado students in all pre K-12 and higher education schools.

### Colorado Youth Brain Injury Connections

Sponsored by: CO Brain Injury Program, Brain Injury Alliance of CO, & CDE. Colorado Youth Brain Injury Connections works to provide coordinated care across community, health, and educational settings to meet the individual needs of children and youth (0-21 years old) with a brain injury and to provide and coordinate cost-effective educational opportunities to parties seeking further information on brain injury. This program is supported by the Colorado Traumatic Brain Injury Trust Fund and is a partnership between the Colorado Department of Education, Brain Injury Alliance of Colorado and the Health Care Program for Children with Special Needs (HCP).

### Second Wind Fund, Inc.

The mission of Second Wind Fund is to decrease the incidence of teen suicide by removing financial and social barriers to treatment for at-risk youth. Serving young people, ages 13-19 years of age, who are uninsured or

## Trans Youth Education & Support

underinsured, and who are at risk for suicide.

TYES empowers and supports caregivers of gender non-conforming youth by providing resources, education, outreach and advocacy, in order to create positive, supportive environments that allow youth to experience the joy of authenticity.

## College Living Experience

CLE provides intensive assistance with academic, independent living, and social skills to students with special needs as they attend community colleges, vocational schools or universities and transition to independent adulthood. CLE students include young adults with Autism Spectrum disorder, ADHD, Asperger's Syndrome, nonverbal learning disorders, and other learning disabilities.

## **Grand Ballroom Foyer**

**Behavior Lens** 

College Living Experience

Colorado Department of Education

Colorado School Safety Resource Center

> Colorado Youth Brain Injury Connections

**CSSP** Legislative Table

**CSSP** Merchandise

CSSP State-wide Crisis Team

**MHS** 

National Association of School Psychologists

PAR, Inc.

**Pearson** 

Review360, Pearson

Second Wind Fund, Inc.

TYES: Trans Youth Education

A Special <u>THANK YOU</u>
to the Colorado Department
of Education, Pearson, and
MHS for sponsoring this year's
keynote addresses and invited
speakers, to PAR, Inc for
sponsoring our CSSP Board
Meet & Greet and Photo
Booth, and to each of our
exhibitors for their
contributions to our
Silent Auction!

## Special Events

What makes us feel strong? How do we sustain ourselves as leaders?

#### Raffle Tickets

Thursday-Saturday, November 7-9 Purchase tickets at the Registration Table, **Board Meet & Greet Event, Membership** Luncheon & prior to the Closing Keynote

Raffle Prizes include test kits, CSSP Swag, t-shirts, aift sets and more! Prizes will be available to win at the Board Meet & Greet (Thursday), the Annual Membership Luncheon, the Luau Dinner (Friday) and the Closing Keynote Address (Saturday). Raffle tickets can be purchased for \$1 each. For every \$5 you spend you will receive one bonus ticket! Participants must be present to win!

#### **Board Meet & Greet**



Thursday, November 7 (7:30-10:00pm) Sun Up Room

Please join your CSSP board members for drinks, great conversation and the chance to win fabulous raffle prizes at the 2nd annual CSSP Board Meet & Greet! Sponsored by PAR, Inc.

## Annual Membership Luncheon 🏋 Friday, November 8 (12:00-1:30pm)

Grand Ballroom. Salons E & F

Treat yourself to an appealing catered meal, included in your registration, and spend time connecting with colleagues and friends. The lunch includes: CSSP's annual membership meeting, the Presidential Address, Appreciation & Awards.

## Wellness Activities



Friday & Saturday, November 8-9

Take advantage of opportunities to engage your creativity, participate in personal fitness, enjoy the great outdoors and practice yoga. Wellness activities are identified with throughout the program. Sponsored by your CSSP Regional Representatives

## Fitness Center Challenge



Thursday, Friday & Saturday, November 7-9 Vail Marriot Mountain Resort Fitness Center

Increase your endorphins and encourage a friend to participate in personal fitness. Earn one raffle ticket every time you exercise in the fitness center for at least 30 minutes. Earn two tickets when a friend joins you! (Tickets can be collected at the registration table until Saturday at 11:30am)

### Sunrise Yoga 🥟 Friday & Saturday,

November 8-9 (7:00-8:00am)

Sun Down Room

Deborah Smith is a Registered Yoga Teacher. She has been teaching for 9 years and practicing for over 20 years. She teaches Hatha

Special Thanks to Deb Smith for volunteering her time and expertise to offer NAMASTE

Yoga, mostly Vinyasa (Flow) style. Deb will be teaching a mixed level "Morning Flow Class." Please wear comfortable exercise clothing and bring along your own mat or towel. All levels are welcome!

## Hiking Adventures



## Explore Lionshead Village



Saturday, November 9 (10:00-11:30am) Meet in the Lobby of the Conference Hotel

Be refreshed and renewed by the sights, sounds and smells of the Colorado Rockies in the Fall. Take a break from traditional professional development (sitting) and have a spirited discussion with someone about what you are learning. Or simply enjoy the serenity of the surroundings. On Friday you can join a group for an intermediate hike; on Saturday bring friends along for a relaxing walk to Vail Village. See the conference daily schedule for details.



## Lugu Dinner & Live Entertainment



Friday, November 8 (7:00-11:00pm) Grand Ballroom, Salons E, F, G, H, I & J

Aloha! Hosted by popular front range band, "Alive Inside" our luau will include dinner, dancing, a Hawaiian shirt contest (prizes for ugliest and most original), and photo booth fun. Invite your family and friends to join us! Tickets are just \$15 per person in advance and can be purchased at the registration table (\$20 at the door). Tickets are free for children age 5 and under and only \$10 for ages 6-12. Sponsored by CSSP & PAR, Inc.

#### Silent Auction

Friday, November 8 (1:30-8:30pm) Grand Ballroom Foyer and Salons C & D

Please join the CSSP community in supporting our graduate student scholarship program and new practitioner mini grants by participating in our annual silent auction event. Following the CSSP member luncheon on Friday, be sure to take a sneak peak at the fabulous auction items which include test kits, gift certificates, home décor, entertainment vouchers and more! Items are of varying price points and minimum bids begin under \$5. Place your bids early and watch your favorite items throughout the day. Final bids will be accepted until 8:30pm when the tables will close. Visual announcements of winners will be posted at the Luau Dinner!

Sponsored by your CSSP Student Representatives

## Student Events

### Student Social



5:00-7:00pm

Bart & Yeti's (551 E. Lionshead Circle, Vail)

Named after a couple of very famous local dogs, Bart & Yeti's is a little bar and grill tucked in the Lifthouse Lodge in Lionshead. It is known for its laid back vibe, reasonable prices and excellent beer. The staff will make you feel like a local, and you'll want to come back. This is an opportunity to step away from the conference for a bit and enjoy some relaxation and fun with students from across the state in Bart & Yeti's group room. Appetizers will be provided and drinks specials will be offered for those of us associated with the conference. Feel free to stop by for part or all of the time! Any and all graduate students and their significant others are invited to come.

Aside from the opportunity to get to know colleagues in a relaxing and comfortable setting, those students who attend the event will be provided with a free drink ticket that can be used at the Lugu Dinner and Live Entertainment Event back at the Vail Marriott later that evening. Tickets are limited and will be given on a first come, first serve basis.

Don't ask what the world needs. Ask what makes you come alive, and go do it. Because what the world needs is more people who have come alive. Howard Thurman

## Know Before You Go



Student Networking Breakfast Saturday, November 9 7:00-9:00am

Colorado Ballroom 1 & 2

Hosted by your CSSP Student Representatives, the student networking breakfast offers a unique opportunity to conference attendees who are preparing for practicum or researching internships. Representatives from various districts across the state have volunteered their time to answer student questions about their region at this informal Q & A. Enjoy breakfast and ask experienced practitioners to share information with you about their professional role, daily responsibilities, student population, district concerns and more.

What you get by achieving your goals is not as important as what you become by achieving your goals. Henry David Thoreau

	Thursday, 11/7	Friday, 11/8	Saturday, 11/9
	Pre-Conference	Conference	Conference
7:00			
8:00			
8:30	What to do when the brain's executive	Opening Keynote:	
9:00	functions are	David Conrad **  Grand Ballroom	
9:30	Dysfunctional	8:30-10:00am	
10:00	Karen McAvoy, Nicole Crawford,		
10:30	Peter Thompson		6
11:00	- Grand Ballroom 8:30-11:30am		8
11:30			
12:00		Membership Luncheon	
12:30		President's Address	
1:00	Advances in the Assessment of	Grand Ballroom 12:00-1:30pm	
1:30	Executive Functions in School Age Children		
2:00	Dean Delis		Closing Keynote:
2:30	Grand Ballroom		Kim Bevill 🦙
3:00	- 12:30-3:30pm		- Grand Ballroom 2:00-3:30pm
3:30			
4:00	Executive Functioning		
4:30	Q & A: Expert Discussion Panel		
5:00	Grand Ballroom 4:00-5:30pm		
5:30			
6:00			
6:30			
7:00		Luau Dinner &	
7:30		Live Entertainment featuring Alive Inside	
8:00	2nd Annual CSSP Board Meet & Greet	Annual Silent Auction	
8:30	Sun Up Room	Photo Booth Haw'n Shirt Contest	
9:00	7:30-10:00pm	Grand Ballroom 7:00-11:00pm	

## Personal Schedule

## Conference In Brief

### Thursday, 11/7

7:00am-6:00pm Registration
7:00-9:00am Breakfast
8:30-11:30am Pre-Conference
Workshop
11:30am-12:30pm Lunch
on your own
12:30-3:30pm Pre-Conference
Workshop
4-5:30pm Q & A
7:30-10pm Board Meet & Greet

#### <u>Friday , 11/8</u>

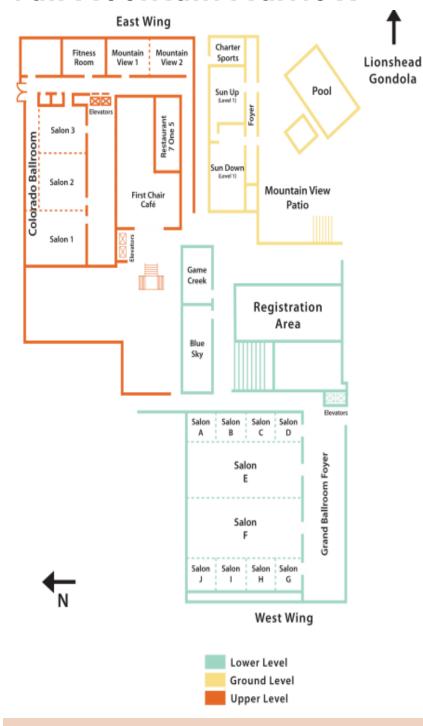
7:00am-6:00pm Registration
7:00-8:00am Sunrise Yoga
7:00-9:00am Breakfast
8:30-10:00am Opening Keynote
10:00am-6:00pm Poster Sessions
10:15-11:45am Bilingual Networking
10:15-11:45am Wellness Activities
10:15-11:45am Skills & Info Sessions
12:00-1:30pm Membership
Luncheon
1:30-8:30pm Silent Auction

1:30-8:30pm Silent Auction
2:00-3:30pm SB191 Workgroup Panel
2:00-3:30pm Skills & Info Sessions
2:00-5:00pm Breakout Sessions
4:00-5:00pm Skills & Info Sessions
4:30-6:30pm Exhibitor Reception
5:00-7:00pm Student Social
7:00-11:00pm Luau Dinner &
Live Entertainment

### <u>Saturday, 11/9</u>

7:00am-11:30am Registration
7:00-8:00am Sunrise Yoga
7:00-9:00am Breakfast
7:00-9:00am Know Before You Go
8:30-11:30am Skills & Info Sessions
8:30-11:30am Workshops
8:30-11:30am Ethics Training
10:00-11:30am Wellness Activity
11:30am-12:30pm Lunch
on your own
12:30-2:00pm Skill & Info Sessions
2:00-3:30pm Closing Keynote

## Vail Mountain Marriott



#### **Breakouts**

Breakout sessions on a variety of topics, including our keynote addresses, are approximately 3 hours in length and open for all to attend. Breakouts are intended as a follow-up for attendees who are interested in increasing the depth of their knowledge on a topic in a less formal setting.

#### **Poster Presentations**

Poster presentations are available for viewing on Friday between 10am and 6pm, and represent some of the most current and relevant research in the field.

Presenters will be available for discussion with attendees at designated times throughout the day.

#### Session Formats

All sessions have been designed to offer attendees the following benefits in varying degrees:

- Pragmatic strategies and tools that can be applied to your practice
- immediately
- Creative, hands-on, out-of-the-box experiences to encourage personal wellness
- Dynamic, flexible solutions for everyday challenges

#### Keynotes

The opening and closing keynote sessions are intended to specifically address the conference theme. Although local to Colorado, both keynote speakers this year are nationally known for their knowledge, expertise in the field and their dynamic speaking styles. They have been invited to share their passion for engaging strengths by CSSP's current president & conference committee. These sessions have been scheduled without any concurrent events to allow ALL conference goers to attend.

#### Workshops

Workshops are designed to allow attendees to go beyond their surface knowledge of a topic in order to increase their understanding and improve their practice. Workshops may include practical application and detail-oriented discussion and are offered on a variety of topics including Executive Functioning and Ethical Decision Making.

#### Skills & Info Sessions

Skills & Information sessions are scheduled on Friday and Saturday. These 1-2 hour sessions specifically address a variety of topics and encompass the conference theme as well as the most relevant issues in practice today including the READ Act, Threat Assessment, Teaming, Significant Emotional Disability Criteria, Educator Effectiveness, Assessment of ELL & more.

Passion rebuilds the world for the youth. It makes all things alive and significant. Ralph Waldo Emerson

## Thursday, November 7, 2013

**Pre-Conference** 

## **Executive Functioning: Engaging Our Understanding**

Transforming expert knowledge into sustainable interventions

#### **Breakfast**

7:00-9:00am

**Grand Ballroom Fover** 

## Morning Workshop

8:30-11:30am

What to do when the brain's executive functions are dysfunctional:

Neurological considerations and effective interventions

Karen McAvoy, Psy.D., Nicole Crawford, Ph.D. & Peter Thompson, Ph.D.

Grand Ballroom, Salon E

Although there is debate regarding the precise definition of "Executive Functions," psychological researchers have agreed that executive functions are critical abilities and skills necessary for success in academic, social and occupational domains. Executive Functions develop slowly over time and build upon lower level skills. When executive skills go askew, as when a child suffers a traumatic or acquired brain injury or has other neurologically-based issues (ie. autism, mental illness or attentional problems), a child's development is highly correlated with poor outcomes. This presentation seeks to inform practitioners about the neurological substrates that create these key collective brain processes. Once the foundations of executive functions are detailed, participants will be taught how to address a dysfunctional executive through the use of effective interventions.

Sponsored by the Colorado Department of Education

## Afternoon Workshop

12:30-3:30pm

Advances in the Assessment of Executive Functions in School Age Children

Dean Delis, Ph.D.

Grand Ballroom, Salon E

Executive functioning deficits, TBI, impacted higher level thinking... What do these diagnoses really mean in the context of the school environment? Dr. Delis's workshop will provide participants with an enhanced understanding of these impairments and how to address them with maintainable interventions and recommendations that can be generalized across educational settings.

Sponsored by Pearson: "Always Leaning"

### Question & Answer

4:00-5:30pm

Executive Functioning Q & A: Expert Discussion Panel

Dean Delis, Ph.D., Karen McAvoy, Psy.D., Nicole Crawford, Ph.D. &

Peter Thompson, Ph.D.

Grand Ballroom, Salon E

This facilitated discussion will focus on practical interventions and provide participants with the opportunity to "ask the experts" to address crucial questions that the day's workshops generated.

## Board Meet & Greet 🎾



7:30-10:00pm

Sun Up Room

Please join your CSSP board members for drinks, great conversation and the chance to win fabulous raffle prizes, including test kits, at the 2nd annual CSSP Board Meet & Greet! Get to know your state organization's representatives, learn about the benefits of getting involved and relax in a casual atmosphere amona friends.

Sponsored by PAR, Inc. "Creating Connections. Changing Lives."

## Friday, November 8, 2013

## **Engaging Our Strengths**

## Sunrise Yoga 🥟

7:00-8:00am

Deborah Smith, M.A., Ph.D.

Sun Down Room

Please wear comfortable exercise clothing and bring along your own mat or towel.

All levels are welcome! (See page 6 for more info)

Many of us feel stress and get overwhelmed not because we're taking on too much, but because we're taking on too little of what really strengthens us.

Marcus Buckingham

**Breakfast** 

7:00-9:00am

**Grand Ballroom Foyer** 

Opening Keynote

8:30-10:00am

The Cost of Caring: Secondary Trauma

David Conrad, LCSW

Grand Ballroom, Salons E & F

Secondary trauma is commonly referred to as the stress resulting from helping or wanting to help traumatized or distressed children, families and adults. Secondary trauma is a significant risk for all caregivers and particularly for school psychologists working with children with emotional and behavioral problems and developmental disabilities. In this training, the presenter will define secondary trauma including how it is similar to and different from burnout, post traumatic stress disorder, compassion fatigue, and vicarious trauma. He will also identify personal indicators of distress and potential risk factors. Throughout the training participants will be provided with personal, professional and organizational strategies they can use to protect themselves from secondary trauma.

Sponsored by the Colorado Department of Education

### **Poster Presentations**

10:00am-6:00pm

Grand Ballroom, Salons A & B

Please see pages 20 & 21 for details on the wide variety of poster presentations available at this year's conference.

### Morning Skills & Information Sessions

10:15-11:45am

The Science of Executive Functioning: New Data, New Ideas and the Comprehensive **Executive Functioning Inventory** 

Sam Goldstein, Ph.D. NCSP

Colorado Ballroom 2

In this presentation, Dr. Goldstein, co-author of the Comprehensive Executive Functioning Inventory (CEFI) will provide an overview of the historical and current theories and definitions of executive functioning (EF), discuss the most current research reflecting the core issues that comprise these hypothesized functions, review behaviors considered characteristic of EF as well as current diagnostic protocols. The presentation will include a discussion of data from the largest epidemiological/standardization sample completed thus far, examining EF in the general population of children. These data, as well as data from other research sources, demonstrate a science based foundation for appreciating the components of executive functioning. The presentation will provide an emphasis and theoretical framework for understanding EF in light of intellectual achievement and neuropsychological functioning. Emphasis will be placed on the CEFI, the first nationally standardized norm referenced instrument designed to identify executive functioning in youth two through eighteen years of age. The presentation will conclude with a brief review of current treatment strategies, modalities and future challenges.

Sponsored by MHS: Psychological Assessments & Services

## Friday, November 8, 2013

## **Engaging Our Strengths**

## Morning Skills & Information Sessions

#### 10:15-11:45am

The Use of a Parent Training Group to Support Families of Children with Significant Behavioral Challenges And Social-Emotional Needs

Erica Stetson, Ph.D. & Tyra Chambers, Ed..S. NCSP

#### Colorado Ballroom 1

Families of children and youth with significant behavior challenges and social-emotional needs often feel isolated and overwhelmed. In this presentation, participants will learn about an effective, research based family intervention model. An eight week parent training group was implemented, using the Think: Kids Collaborative Problem Solving (CPS) approach. Extensive data were collected to examine the effectiveness of this intervention, and the results will be shared. Participants will also learn the basics of CPS, and they will gain practical knowledge in how to facilitate an effective parent training group for families of children with significant behavior challenges.

NASP Practice Domains 2,4,7,9 & 10

#### 10:15-11:45am

10:15-11:45am

#### Secondary Traumatic Stress & Self Care

Christine Harms, M.S., Director of Colorado School Safety Resource Center

Secondary Traumatic Stress and Self Care: The first ever study on secondary traumatic stress of school personnel was just conducted in 2012. Compassion fatigue scores for this population almost doubled that for the normative sample. How would you score? This interactive workshop will include a secondary traumatic stress assessment as we inventory the ten areas that all mental health providers should be considering in fostering personal well being and resiliency. Participants will come away with a better understanding of the areas they need to attend to for themselves and suggestions for self-care.

NASP Practice Domains 9 & 10

## 10:15-11:45am

#### Colorado Bilingual School Mental Health Network Working Meeting Bryn Harris, Ph.D. & Sylvia Soderberg, Ed.S.

#### Sun Down Room

The purpose of this working meeting will be to share strategies that may make our jobs easier and less cumbersome. We will be sharing computer programs, applications, time management strategies, and other techniques that promote productivity, collaboration, and best practices. This directly relates to the conference theme regarding using your strengths. We believe that everyone has something to contribute in their jobs as well as in all other various contexts. Thus, each participant will have a strength that can be shared with others to make their job easier and increase productivity. We look forward to sharing our collective knowledge in an effort to improve practices for culturally and linguistically diverse children.

Due to the format of this networking session, no CPDs will be awarded for attendance.

NASP Practice Domains 8 & 10

## Engage Your Creativity

## Regional Representatives Sun Up Room

Come to engage your personal creativity and learn self-care strategies related to artistic expression. Leave with a sense of accomplishment and a tool to use with your students on Monday. Participants will make unique and charming finger puppets! Research has long chronicled the helpful role of puppets in individual therapy, crisis intervention, and school-based group counseling. By expressing themselves through puppets, children experience greater physical and psychological safety while discussing difficult issues. Join us in creating something that will add an extra touch to your practice. Due to the format of this wellness activity, no CPDs will be awarded for attendance.

in the second se

for everything you want in life so you need to make choices. And hopefully your choices can come from a deep sense of who you are.

Fred Rogers

You rarely have time

#### 12

## <u>Hiking Adventure</u>

10:15-11:45am

Regional Representatives

Meet in the main lobby of the Vail Marriott Mountain Resort

Join a group for an intermediate hike up Berry Picker trail. This 90 minute hike begins with a steep walk, but you are rewarded with beautiful aspen forests and scenic overlooks.

2013 Nominees for

School Psychologist

of the Year

Lisa Bartilotta

Pikes Peak BOCES

Rae Jean Maestas

San Luis Valley BOCES

Peter Thompson

Douglas County

Weather permitting. (See page 6 for more info)

## <u> Annual Membership Luncheon</u> 🌟

12:00-1:30pm

Engaging Our Strengths: Survival Skills
Janelle Bierdeman, Ed.S. NCSP, CSSP President
Grand Ballroom, Salons E & F

Relax over a delicious meal, included in your registration, and enjoy great conversation with colleagues and friends. Lunch includes: CSSP's annual membership meeting, the Presidential Address, Membership Appreciation and Awards including student scholarships, mini-grant Recipients, Champion of School Psychology Advocacy Award & School Psychologist of the Year.

Silent Auction

1:30-8:30pm

Grand Ballroom Foyer and Salons C & D

Take a **sneak peak** at the fabulous & affordable auction items following the member luncheon. Support our student scholarship and mini grant programs and place your bids! (See page 7 for more info)

### **Afternoon Breakouts**

2:00-5:00pm

Understanding the risks and benefits that empathy, post-traumatic growth and awareness, balance and connectivity play in protecting us from secondary trauma David Conrad. LCSW

Grand Ballroom, Salons G, H, I & 1

In this highly interactive follow-up session to the earlier introductory session on secondary trauma, the facilitator will define and describe empathy, post-traumatic growth and how awareness, balance and connectivity can protect caregivers from the trauma encountered in their work with vulnerable children. With audience participation, and using exercises developed specifically for these topics, the presenter will discuss how understanding and implementing these strategies can enhance resiliency.

Sponsored by the Colorado Department of Education

2:00-5:00pm

Is Resilience an Evidence Based Concept? Thoughts from the Latest Bandwagon Sam Goldstein, Ph.D. NCSP

Grand Ballroom, Salons E & F

In this presentation, Dr. Goldstein will trace the historical, scientific & popular concepts of resilience as a driving force in the new positive psychology. He will question (and answer) whether the theoretic tenants of the resilience model are worthy of the rapid growth of this model in applied psychological practice, education and the broader culture. Dr. Goldstein will address whether research is sufficient to justify the increasingly popular concept that resilience may not only serve as a powerful antidote for the myriad of challenges and adversities children face to day but also guide the practices of education, mental health and parenting long into the future. Sponsored by MHS: Psychological Assessments & Services

3:00-5:00pm

A Short Course in Mindfulness & Body Based Strategies to Regulate, Calm & Focus Yourself

Deborah Smith. M.A., Ph.D.

Sun Down Room

The purpose of this presentation is to give participants "hands on" research based strategies that involve Mindfulness, Yoga, Breathing and other body based practices to use with yourself throughout your day. Improving your self regulation and ability to calm in stressful situations will help the students and staff with whom you work. Bringing attention and practice to your own ability to self regulate will keep you grounded and centered. A synopsis of the research, researchers and bibliography of this field will be provided to participants. Direct strategies and techniques drawn from this research will be presented and practiced during this session.

NASP Practice Domains 6 & 10

## Friday, November 8, 2013

## **Engaging Our Strengths**

### Afternoon Skills & Information Sessions

#### 2:00-3:30pm

## Supporting Self-Care and Student Achievement through Comprehensive Wellness Strategies and Mindfulness Practices

Janise McNally, Ed.S. NCSP, Kristen Race, Ph.D. & Amy Plog, Ph.D.

#### Colorado Ballroom 1

In this session, participants will learn the core components of a comprehensive wellness strategy as an approach to supporting the physical, psychological and environmental well-being of students and staff. As one component of this strategy, participants will examine the concept of mindfulness and current research that supports such practices in school settings. Hands-on learning will take place as participants are taught and have opportunities to practice a variety of brain-based mindfulness techniques that can be used personally and can be easily integrated into their work with students.

NASP Practice Domains 1,4,5, 6 & 9

#### 2:00-3:30pm

#### Oh Behave

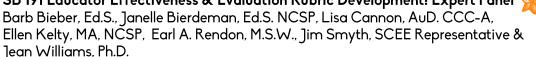
## Stefani A. Conley Colorado Ballroom 2

Learn your preferred behavior style with its strengths and weaknesses. Learn the four different types of behaviors and how to better relate with each other. Learn to maximize the abilities of each other's styles to develop more effective working environments.

**Pre-Registration Recommended**NASP Practice Domains 2, 8 & 10

#### 2:00-3:30pm

#### SB 191 Educator Effectiveness & Evaluation Rubric Development: Expert Panel 🧩



#### Colorado Ballroom 3

Participate in a facilitated discussion with practitioners from various special service provider fields including school psychology, audiology and social work as well as representatives of the School Council for Educator Effectiveness and the Colorado Department of Education. Walk away with an in depth understanding of the intention, development and process behind the new statewide rubric. Gain valuable insight into the paradigm shift for evaluators and discover how to effectively demonstrate proficiency on standards and elements while honoring the unique role requirements of your particular position.

NASP Practice Domains 1, 9 & 10

#### 4:00-5:00pm

## Special Education Considerations for Evaluation of English Language Learners by Monolingual School Psychologists

Silvia Soderberg, Ed.S., Bryn Harris, Ph.D., Angela Restrepo, Ed.S. NCSP & Margarita Cordero, Ed. S.

#### Colorado Ballroom 1

The objective for this presentation is to increase the understanding of monolingual school psychologists regarding the proper procedures for distinguishing between learning difference and disability of English Language Learners referred for special education evaluation. Participants will be able to take to their schools ideas and tools that will help them in the process of the identification and evaluation of students who come from a home where a language other than English is spoken and whose culture is different from the culture of the school. NASP Practice Domains 2, 7 & 8

#### 4:00-5:00pm

### Binder Doctor: A small group intervention for reluctant organizers

Sheila Lepkin, M.A. NCSP

#### Colorado Ballroom 2

In 6, 40 minute, small group sessions, students develop skills in planner usage, organizing their desks, lockers, and backpacks. Learn to lead this intervention and make students the class experts, "Binder Doctors," of the their grade. As they repair other student's binders or straighten their desks in "Binder Clinics", they teach and spread these executive functioning skills to others. NASP Practice Domains 3, 4, 8, 7

#### 4:00-5:00pm

#### Colorado READ Act: What does it mean for students with disabilities and special education professionals?

Candy Myers, M.A. & Tanni Anthony, Ph.D.

#### Colorado Ballroom 3

Session participants will be engaged in the exploration of the implications of the READ Act implementation for special education professionals and students with disabilities. Guidance, recommended strategies, and resources related to specific questions/issues from the field will be provided. Specific topics to be addressed include: use of data collected through READ Plans in initial eligibility determinations, the READ Plan developed as a separate document or integrated into the IEP, access of students with disabilities to tiered reading instruction/intervention, alternate interim and diagnostic assessments, READ Plan parent involvement requirements, and relevance of advancement/retention decision requirements to students with disabilities. NASP Practice Domains 1, 2, 3, 5, 7 & 10

## **Exhibitors Reception**

#### 4:30-6:30pm

#### **Grand Ballroom Foyer**

A special thank you to our CSSP exhibitors for their donations and sponsorship! Please visit our exhibitor tables & enjoy a selection of hot and cold hors d'oeuvres.

## Student Social



#### Bart & Yeti's (551 E. Lionshead Circle, Vail)

Any and all graduate students and their significant others are invited to attend this social event. (See page 7 for more info)

### <u>Luau Dinner & Live Entertainment</u> 🎾



#### 7:00-11:00pm

5:00-7:00pm

#### Grand Ballroom, Salons E, F, G, H, I & J

**Buy raffle** tickets and enter to win fun prizes throughout the evening!

Aloha! Hosted by popular front range band, "Alive Inside," our luau will include dinner and dancing. Invite your family and friends to join us. Tickets are just \$15 per person in advance and can be purchased at the registration table (\$20 at the door). Tickets are free for children age 5 and under and only \$10 for ages 6-12. Show us your island vibe and wear your best aloha-wear!

# 7:00-11:00pm

#### Alive Inside

Alive Inside is a groove-driven quartet featuring former Trichome members Evan Daldegan, Dave Frediani, Matt Schooley and Mike Windham. Taking influences from roots regade, jazz, R&B and funk, they create fresh tunes that have a classic sound. This is music that is sure make your soul sing and your booty shake.

#### 7:00-11:00pm Photo Booth

Colorado Photo Booth is a locally owned & operated full service digital photo booth rental company. Come by and use our advanced digital technology to create memories with a modern version of the classic, old-school style photo booths of days long past. Sponsored by PAR, Inc. "Creating Connections. Changing Lives."

**Post your Photos** to Facebook or #CSSP2013

#### 7:00-8:30pm

#### **Buffet Dinner**

Enjoy delicious island-inspired menu items and specialty cocktails.

#### 8:30pm

#### Silent Auction: Tables Close

Don't miss out on your favorite items! Bid before the tables close at 8:30pm. Winners will be announced on a visual message board at the luau dinner. All proceeds benefit CSSP's student scholarships and new practitioner mini grant program.

#### 9:00pm

#### Hawaiian Shirt Contest

Come dressed for the Hawaiian sun! Two lucky winners, by popular vote, will receive a fabulous beach-themed prize bucket for wearing the most original OR ugliest aloha-wear at the party!



## Saturday, November 9, 2013

**Engaging Our Strengths** 

Sunrise Yoga 🧖

7:00-8:00am

Deborah Smith, M.A., Ph.D.

Sun Down Room
(See page 6 for more info)

Breakfast 😇

7:00-9:00am

Colorado Ballrooms 1 & 2 Know Before You Go

**CSSP Student Representatives** 

Colorado Ballrooms 1 & 2

Students, before you apply for internship, take the opportunity to talk with practitioners from across the state about what it's like to work in their region at this informal Q & A over breakfast. (See page 7 for more info)

Learn from the past, set

vivid, detailed goals for the

future, and live in the only

moment of time over which

you have any control: now.

**Denis Waitley** 

## Morning Workshops

8:30-11:30am

**Essentials for Learning** 

Kim Bevill, M.A.

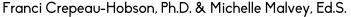
Grand Ballroom, Salon F

School psychologists will learn the latest research on the effects that compromise learning in the classroom for mainstream and special needs students. You will learn why our students must perceive meaning in all curriculum, know the role of sleep and nutrition in learning and why fitness and other essential activities must be a part of life. Learning objectives include: methods and strategies shown to improve cognitive function, improve classroom discipline, decrease lethargy and apathy, integrate a routine for instructional delivery and model best practice.

Sponsored by the Colorado Department of Education

8:30-11:30am

#### Making Ethical Decisions in Challenging Situations



Grand Ballroom, Salon E

Back by popular demand! This session covers common ethics-related concerns faced by school psychologists and includes a discussion of how most school psychologists decide to handle ethical dilemmas. The presentation also addresses the NASP Principles for Professional Ethics, as well as best practices in approaching and solving ethical dilemmas in school psychology. The session will also include discussion of ethical case studies and practice using the problem solving model promoted by NASP's Ethical and Professional Practices Committee. Learning objectives include: Understand the need for learning and using an ethical problem solving process; Be familiar with the most common ethics-related concerns reported by school psychologists; Learn four broad ethical principles which will serve as a framework for all other principles; Know how to confront a colleague about ethically questionable practices; Be familiar with one commonly used problem-solving model. Meets NASP requirement of 3 hours of CPD regarding ethical practice and/or the legal regulation of school psychology for NCSP renewal.

NASP Practice Domain 10

### Morning Skills & Information Sessions

8:30-9:30am

Effective Strategies for Supporting Early Literacy through Family-School Partnering: Finding a Way to Reach Every Family

Tessa Kranski & Emily Engvall

Grand Ballroom, Salons A & B

Research has shown that family-school partnerships increase students' academic achievement and reduces dropout rates. However, for many families there are perceived barriers to engaging in their children's education, whether it is language, time, money, or access. This presentation will look at a variety of early literacy strategies to engage families with diverse strengths and challenges, so all families can take an active role in their children's learning. This presentation will broaden the concept of family-school partnering, and offer strategies based around differing levels and modes of family engagement designed to reach every family within the context of each unique situation.

NASP Practice Domains 3, 5, 6, 7 & 8

#### 8:30-9:30am

#### Transfer IEP using Snaptag Technology

Ericha Jaeger & Teresa Thomas

Grand Ballroom, Salons H & G

With the click of a cell phone camera, and in 60 seconds or less, parents and educational staff can safely download and send a pass-coded introduction video, a student's IEP to view & critical personal information that will ensure that all systems and supports are in place prior to a new academic placement. The result is no loss of academic time critical for students with disabilities and other high mobility populations of learners, i.e. students in foster care, etc. NASP Practice Domains 2, 5, 6, 7, 8 & 10

#### 8:30-9:30am

## Transitioning Students with Special Needs to Higher Education: Best Practices and Testimonials.

Jessica S. Reinhardt, M.A., & Bethdalie Cruz

Grand Ballroom, Salons I & ]

The presentation will contain an overview of best practices in transitioning students with special needs to higher education and a qualitative research component including testimonials of students who recently made this transition.

NASP Practice Domains 1, 2, 3, 4, 9 & 10

#### 8:30-9:30am

#### How Video Game Incentives can be Useful in the Classroom

Benjamin R. Ellis

Grand Ballroom, Salons C & D

Today, video game designers use a variety of psychological reinforcers and social hooks to increase engaged time in their video games. This presentation is designed to increase awareness of how the methods used by game designers to increase engagement in their games can be adapted for classrooms to increase engagement in a variety of educational outcomes.

NASP Practice Domains 2, 3, 4, 5 & 9

#### 9:30-11:30am

## Being PREPaREd for a crisis is a professional strength: PREPaRE Workshop (Second Edition) Updates with Application to the Black Forest Fire Crisis Response Kathy Sievering, M.A., M.A., NCSP, Susy Ruof, M.A.,

Martha Hinson, M. Ed., LPC, NCC & Kelvin Langford, M.A., Ed., Ed.S.

Colorado Ballroom 1

Participants will strengthen their crisis skills by learning about the recent changes NASP has made to the second edition of PREPaRE Workshop 2. This session is not an official PREPaRE Workshop 2 (second edition) training but will offer a condensed version of the updates for participants who have been trained in the first edition. The Academy SD20 crisis team, in conjunction with the CSSP team will discuss how PREPaRE was implemented in their response to the Black Forest Fires this summer where 511 homes were lost. They will address how services were provided/organized, successes and challenges, and lessons learned.

NASP Practice Domains 2,6, 9 & 10

#### 9:30-11:30am

#### Technology and Assessment: The Future is Here!

Amy Dilworth Gabel, Ph.D. NCSP

Colorado Ballroom 3

Attendees can expect to: learn how digital solutions can improve practice and service to clients; discuss some of the relevant ethical and practice-related issues related to digital assessment, such as how to maintain the security of client records; and how to determine if the results between a digitally-assisted administration and a traditional paper and pencil test administration are equivalent.

NASP Practice Domains 1 & 10

#### 9:30-11:30am

## Comprehensive Behavioral Health Services: Lessons from the Boston Public Schools Mary Cohen, Ph.D., Achilles N. Bardos, Ph.D. & Eryn Elder, M.A. Colorado Ballroom 2

The workshop will describe the experience of Boston Public schools, a large metropolitan school district in establishing an Rtl model of services for behavior. The model was developed according to NASP guidelines in regards to the expanded role and function of school psychologists. Success stories and challenges encountered will be discussed with specifics for each step taken, such as the screening process and continuous staff development thru the Professional Learning Communities model of program development, implementation, and outcome monitoring.

NASP Practice Domains 1, 2, 4 & 9

## Saturday, November 9, 2013

## **Engaging Our Strengths**

## Morning Skills & Information Sessions (Continued)

#### 9:45-11:15am

I Am. (Self Development)

Sally Seiffer, M.S.W.

Grand Ballroom, Salons I & J

Attendees will be introduced to a simple teaching format for social and emotional learning. The format can be adapted for use in teaching skills to individuals, groups, or classrooms. Specifically, the skills of mindfulness and applied thinking will be shared as they relate to the presenter's SEL curriculum. Six lessons will be introduced using the same general fomat. Suggested measures for growth include a simple data collection strategy based on a student's growth in the areas of self awareness, acceptance, and compassion. The format can be adapted to teach a variety of social/emotional skills. Attendees will learn a simple new approach to teaching SEL, while utilizing their own creative lesson ideas.

#### 9:45-11:15am

#### Utilizing Implementation Science to Scale-up Innovations

Mishele Stein Carroll, M.A. NCSP & Erin A. Sullivan, M.A., M.S. Ed.

Grand Ballroom, Salons H & G

Effective implementation capacity is essential to improving education (SISEP, 2013). Participants will learn how research on the implementation of evidence-based practices can be used to guide the work of PBIS or other innovations within a Multi-Tiered System of Supports framework. Furthermore, the expected outcomes for participants are to understand both the role of implementation science in district improvement efforts as well as their role as a school psychologist to promote, implement, and sustain these processes and practices.

NASP Practice Domains 1, 2, 6, 9 & 10

#### 9:45-11:15am

#### Curriculum Based Evaluation and Progress Monitoring in Reading

Janelle Maxson, Ed.S., Tim Farrow, Ed.S. & Ellen Clark, Ed.S.

Grand Ballroom, Salons C & D

With recent changes in IDEIA legislation, as well as the passage of the Colorado READ Act, schools must develop effective practices for early intervention and direct skills teaching to improve literacy skills. In this presentation, attendees will learn and practice powerful strategies for pinpointing reading skill deficits along with methods for using data to inform research-based interventions. Attendees will also learn how to use AIMSweb 2.0 Rate of Improvement (ROI) growth tables to monitor student progress relative to their initial percentile rank, and set ambitious, but achievable goals. Interactive case examples will be provided.

#### 9:45-11:15am

## Mental Health Service Delivery in a Self-Contained Program: the Integration of teaching, research-based practices and technology

Stephanie Crawford, Ph.D., Jason Germain, Ph.D. & Barbara McLoughlin, M.A., C.A.S. *Grand Ballroom, Salons A & B* 

Participants in this session will learn about the process of integrating evidence-based practice and research into a special education program. Participants will learn about transporting Evidence Based resources into their mental health practices using technology such as student e-portfolios, on-line journaling, and electronic communication with parents. Participants will learn about a variety of data that can be taken in schools and the usefulness of the data for making student and programming decisions. This presentation will be particularly beneficial to school psychologists, psychological service directors, and special education administration.

NASP Practice Domains 1, 2, 4, 5, 6 & 9

Passion is energy. Feel the power that comes from focusing on what excites you. Oprah Winfrey

## Explore Lionshead Village 🥖



10:00-11:30am

Regional Representatives

Meet in the main lobby of the Vail Marriott Mountain Resort Bring a friend on this relaxing walk to Vail Village. See the town, feel the sunshine, and get that long overdue break. This easy-going 30 minute walk is a fun way to

explore Vail. Paved walking trails and street-side paths. This hike ends in Vail Village, with a free trip on the shuttle back to the resort. Come join us!

(See page 6 for more info)

With the new day comes new strength and new thoughts.

Eleanor Roosevelt

### Afternoon Skills & Information Sessions

#### 12:30-2:00pm A Practical Approach to Threat Assessment for Your School

Barbara 7. Downing, Ph.D.

Grand Ballroom, Salons C & D

This session will speak to the needs of both the participant new to the assessment of targeted violence and to the needs of the participant who is experienced in the assessment process. A protocol used to guide the assessment and planning process will be shared with the participants and can be used in their school settings. Participants will learn about the necessity to assess threats at school, who threatens at school, how is a threat assessed step by step, how are student support plans and interventions designed to maintain safety, and what a threat assessment protocol would look like if it is thoroughly completed. NASP Practice Domains 1, 2, 3, 4, 6, 7, 8, 9 & 10

#### 12:30-2:00pm

#### New Criteria for Serious Emotional Disability

Barb Bieber, Ed.S.

Grand Ballroom, Salons A & B

The new state guidelines for Serious Emotional Disability will be described along with recommended evaluation processes and important considerations for team decision making. The integration of a Multi-tiered System of Supports framework in eligibility decision making will also be addressed.

Colorado Department of Education

#### 12:30-2:00pm

#### 10 Strategies Proven to Inspire Even the Most Struggling Youth

Christian Moore, M.S.W., LCSW

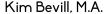
Grand Ballroom, Salon E

Want to engage even the most struggling youth? Learn 10 strategies proven to build relationships, grab attention, and inspire youth. These strategies have helped over 1.5 million youth gain social and emotional life skills in 16,000 K-12 schools, mental health, and correctional organizations worldwide. Researchers have seen positive changes using these 10 strategies in areas of school climate, academic success, dropout prevention, classroom management, and bullying prevention. Be engaged through visual metaphors, videos, music, and physical activities. All levels of expertise are welcome. Participants will receive a handout outlining the 10 strategies and a link to a sample lesson. NASP Practice Domains 3, 4, 5 & 6

## Closing Keynote

#### 2:00-3:30pm

### Everyone with a Brain Needs to Know These Things 🏋



Grand Ballroom, Salon F

Participants will be able to cite the importance of goal setting and accountability, set goals for both personal and professional excellence, understand the research behind intention and accountability, leave with best practice and evidence to support, participate in leadership roles in their environment and explain the neurological underpinnings for learning behavior. Sponsored by the Colorado Department of Education

#### WIN Fabulous Raffle Items

We are saving some of the best for last! As an incentive to stay for our closing keynote we will be raffling some of our most exciting items to those who attend our final conference session. Win a test kit, gift sets and more!

Must be present to win



## **Poster Presentations**

## Friday, November 8, 2013 10:00am-6:00pm

A wide variety of poster presentations will be available for viewing during these times. Please stop by to discover some of the latest research in our field. Presenters will be available for discussion from 10:00-10:15am, 11:45-12:00pm, and 1:30-2:00pm. Student posters will be judged from 11:45-12:00pm and 1:30-2:00pm. Prizes will be awarded at the Luau Dinner.

### Behavior Profiles of Children Diagnosed with ASD Personal Best Goal Setting (previously PDD) on the Behavior Intervention Monitoring Assessment System (BIMAS)

Derek Blade Anderson & Bronwyn Lehman

Through use of the Behavior Intervention Monitoring System as a primary screening tool, trained clinicians were able to identify specific behavior profiles of children (ranging in ages from 5 to 18) diagnosed with PDD. These behavior profiles, which will be discussed, can help inform practitioners working with this population to provide evidence based interventions better matched to the specific behavioral needs, as identified, in part, on the BIMAS.

#### **Dialectical Materialism**

#### Missy Racho

This presentation is intended to broaden one's ability to identify and understand systemic factors pertaining to the structure of knowledge and education within our current educational system and how these can negatively effect the functioning and success of students, both as learners and individuals. Participants will gain a deeper understanding of how knowledge and education are structured within our current educational system and some of the negative effects this paradigm can have on students. Dialectical Materialism will be offered as an alternative and much more empowering framework from which to view knowledge and education as well as to understand how students feel about themselves within a particular educational system. NASP Practice Domains 5 & 8

#### Using Insights from Special Education Professionals to Establish Best Practices in the Implementation of Positive Behavior Support

Chris Huzinec, Research Director Review360

Using the input from professionals from a state educational organization, this presentation identifies and examines the challenges that educators face when implementing behavioral interventions and supports. Using this information, the presentation examines how "best practices" in implementation can be developed to improve the accountability, fidelity, and integrity of behavioral programs. Specifically, it addresses how improvements in implementation can facilitate data driven decision making, the delivery of professional development, and improve progress monitoring. Additionally, the presentation reports on the impact of these practices on the discipline of all students and the behavioral outcomes of students served with individualized interventions.

Cara Burrola & Katie Voroselo

Increasing motivation and engagement has been an area of interest for school professionals as a way to obtain successful outcomes for students. This poster will explore the idea of goal setting, specifically the concept of personal best goals. Personal best goals are meant to be more individualized motivation strategies for students. School professionals will know how they can best support students and adolescents when utilizing personal best aoals.

#### The Effects of Therapeutic Horse Riding on Children with Autism Spectrum Disorders and **Cerebral Palsy**

Iris Schendstok

Therapeutic horse riding, or hippotherapy, has been used as an alternative therapy for people with various disabilities and needs. Studies have shown several beneficial results, especially for children with cerebral palsy and autism spectrum disorders. This literature review will cover the benefits and limitations of hippotherapy and potential applications to insurance coverage.

#### Self-Care for Tech-Junkies and the **Electronically Unplugged**

Maura Hess & Sabrena Miller

This poster presentation will provide an overview of several current applications created to inspire self-care behaviors in their users and compare them to equal modes of self-care obtainable without technological means. Content of this poster will include reliable, highly user-rated and cost-conscious "apps" that are easily accessible to technologically savvy consumers and aid in the practice of self-care. In contrast, alternative methods of self-care will be provided for those who wish to remain "tech-free." We will present these methods side by side and offer several hands-on activities in both modalities for viewers to try.

#### Anxiety and Depression Comorbidity: An Item Content Mapping of the BIMAS Teacher Rating Scale

Elizabeth Leeper, M.A.

The learning objectives of this presentation will include the examination of the items that make up the both the Anxiety Scale and the Depression Scale on the BIMAS Teacher Rating Scale, content mapping of these items, and discussion of the possibility of comorbidity ratings of anxiety and depression when using this scale.

## Strategies for Involving Newcomer Refugee Parents in Their Student's Education

#### Cat Thomas & Sabrina Fruechtenicht

Attendees will learn about refugee populations in the state and gain a clear idea of a variety of evidenced based strategies, which can be used in schools to help better appreciate the different needs of refugee families. Additionally, individuals will leave with a handout of strategies for how to build relationships, create welcoming environments, foster two-way communication, and jointly educate partners who apply to practice with both refugee and general education students.

# Mapping NAEYC and NASP Standards: Using Professional Competencies to Guide More Effective Interdisciplinary Collaboration in Early Childhood Settings

#### Emily Engvall & Tessa Kranski

Early childhood professionals have different training and skills than other education professionals so our strategy for collaborating with them should look different. This presentation will discuss a model for effective collaboration between early childhood professionals and school psychologists. The model is based on a mapping of the overlapping and discrepant competencies of early childhood professionals and school psychologists as defined by the NASP and NAEYC (National Association for the Education of Young Children) professional preparation standards. In addition to discussion of the model for collaboration, practical collaborative classroom strategies and activities will be shared and discussed.

## Monitoring Behavior in a Correctional Facility and Concurrent Validity of the WJ-III

#### Jessica Byrd & Kristen Arnold

Attendees will learn how to effectively implement a program that monitors the effectiveness of social/emotional and behavioral interventions in a youth correctional setting. Additionally, concurrent validity of the WJ-III and youths' social/emotional and behavioral progress monitoring data will be examined. This data will provide practitioners with additional information regarding the relationship between academic achievement and social/emotional and behavioral health, specifically in adjudicated youth. Challenges associated with serving youth in this setting will be discussed, as well as ways implementing a behavioral progress monitoring program can assist in ameliorating these challenges.

#### Overcoming Barriers to Success for Ethnic Minority School Psychology Graduate Students Nadia Benyamin, M. Ed. & Chynna McCall

Through this presentation, we aim to explore the barriers faced by minority school psychology graduate students that have contributed to the low numbers of ethnic minority school psychologists in the field. Given these barriers, strategies on how to overcome such barriers and how graduate programs and practicing school psychologists can help to alleviate the negative effects of these barriers during and after completion of the graduate program will be addressed.

## Coaching Check-in Check-out Within Schoolwide PBS (CDE)

Mishele Stein Carroll, M.A. NCSP & Erin A. Sullivan, M.A., M.S. Ed.

Specialized interventions are more successful if they are implemented with school-wide behavioral expectations as a foundation. This session is intended to inform and support all levels of learners with an overview on how to effectively apply and coach Check In, Check Out (CICO) Intervention within school-wide PBIS. CICO is an evidence based targeted intervention designed and often implemented by school psychologists across the country. Attendees will gain an understanding of why CICO works, the process for establishing and maintaining an effective CICO program, as well as an understanding of the role of the school psychologist in coaching the intervention.

# Evaluating Preschoolers Social and Emotional Functioning Using the PAWS: Differences Between Students in Regular and Special Education Settings.

#### Jessica Byrd

How can school psychologists assess preschool students' development of social, emotional, and behavioral skills and increase these students' school readiness and future social and academic skills? We will discuss the results of a study designed to evaluate the differences between preschool students in regular and special education settings using the Preschool Affective Wellness Scale (PAWS). Attendees will learn how to use the PAWS as a screener for the social and emotional health of preschoolers and will also learn how to use the results of this assessment to implement effective prevention and early intervention services.

Good actions give strength to ourselves and inspire good actions in others. Plato

## Speaker Biographies

## Nationally Known Colorado Keynotes Sponsored by the Colorado Department of Education

## David Conrad, LCSW



David Conrad has been a clinical social worker for over 35 years. He earned his Bachelors and Masters degree in Social Work at the University of Kansas. From 1976-1994, he worked as a child protection caseworker and supervisor, foster care worker, juvenile probation officer, prison social worker, hospital social worker, and had a private practice Since 2000, David has been a Senior Instructor with JFK

Partners in the Department of Pediatrics at the University of Colorado School of Medicine in Denver, Colorado. Since coming to Colorado, he has spent most of his time offering secondary trauma consultation and crisis intervention counseling for Colorado child protection workers. He has offered similar trainings for other professionals in 25 states. David co-authored a study titled, Compassion fatigue, burnout and compassion satisfaction among Colorado child protection workers, that appeared in the October, 2006 issue of the journal, Child Abuse and Neglect.

www.secondarytrauma.org

## Kim Bevill, M.A.



Kim Bevill is a highly respected Keynote Speaker, Conference Organizer, Staff Developer and Graduate Level Instructor. She was a High School History and IB Psychology teacher for 14 years, but eventually joined forces with educators who strive to stop the drop out phenomenon. To bring meaningful change in education, Kim has insisted on training educators on the applicable neuroscience and the instructional strategies that work for anyone with a brain! Be ready to

think outside the box in a highly interactive training. Participants consistently report feeling a new passion, purpose, and inspiration to new endeavors.

Kim Bevill draws on groundbreaking research and hands-on experience to bring high performance results. These unique training opportunities help people move to the next level of efficiency, learning, health and wellness.

www.kimbevill.com

## **Invited Speakers**

## Karen McAvoy, Psy.D.

Karen McAvoy, Psy.D. is dually credentialed as a Licensed Clinical Psychologist and a School Psychologist in the state of Colorado. After a 20 year career spanning positions such as School Psychologist, Coordinator of the Brain Injury Team, Coordinator of Mental Health Services and Coordinator of Manifestation Determinations for Cherry Creek School District, Karen joined the Colorado Department of Education in 2010. As a Brain Injury Specialist/Consultant for CDE, Karen has written policy and guidelines for Colorado school districts related to mild to severe brain injury, special education determination of brain injury and assessment and intervention for students with brain injury.

## Nicole Crawford, Ph.D.

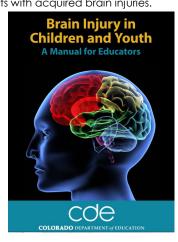
Nicole Crawford, Ph.D. is a certified School Psychologist. Nicole received her doctorate degree in school psychology from the University of Northern Colorado. Nicole has 14 years of experience as a school psychologist and has been a member, facilitator or co-facilitator of her districts' brain injury resource teams during that time. Nicole has been a Statewide Brain Injury Educator Liaison where she was involved in supporting school districts with implementing their concussion management process and developing their TBI teams. Nicole has been involved in numerous presentations and trainings on assessing and supporting students with acquired brain injuries.

## Peter Thompson, Ph.D

Peter Thompson, Ph.D. is a Nationally Certified School-Neuropsychologist. For the past 9 years, he has served as the coordinator for the Douglas County School District's Brain Injury Team. Dr. Thompson also served as a lead school psychologist for DCSD. In addition to his responsibilities as a brain injury team leader, Dr. Thompson continues to work closely with state agencies and organizations that serve families and children impacted by brain injuries. Dr. Thompson holds various advanced degrees in educational psychology, school psychology and school-neuropsychology. He is the past President of the National Association of School Neuropsychology (NASN, 2012). Dr. Thompson has authored two editions of The School Psychology Licensure Exam Guide (Springer Publishing, 2013).

Nicole, Karen and Peter are currently part of the Traumatic Brain Injury Network steering committee and contributing authors to the Colorado Department of Education Brain Injury in Children and Youth Manual and the cokidswithbraininjury website.

http://cokidswithbraininjury.com/



## **Invited Speakers**

## Sponsored by MHS

## Sponsored by Pearson

## Sam Goldstein, Ph.D.



Sam Goldstein, Ph.D. is a doctoral level psychologist with areas of specialization in school psychology, child development and neuropsychology. He is licensed as a psychologist and NCSP. Dr. Goldstein is an Assistant Clinical Instructor in the Department of Psychiatry, University of Utah School of Medicine and Affiliate Research Professor of Psychology at George Mason University.

Dr. Goldstein is the Editor-in-Chief of the Journal of Attention <u>Disorders</u> and Contributing Editor to Attention Magazine. He has authored, co-edited or co-authored thirty-five clinical and trade publications, including twenty-one textbooks. He has also authored two dozen book chapters and nearly three dozen peer reviewed scientific studies. His recent books include Handbook of Neurodevelopmental and Genetic Disorders in Children (Guilford, 2010) co-edited with Cecil Reynolds. He wrote, Raising A Self-Disciplined Child (McGraw-Hill, 2007) with Robert Brooks and <u>Understanding and Managing Children's Classroom Behavior:</u> Creating Sustainable, Resilient Classrooms (Wiley, 2007) with Nancy Mather, Learning Disabilities and Challenging Behaviors (Brookes, 2008). With Drs. Jack Naglieri and Sally Ozonoff he has published <u>Assessment of Autism Spectrum Disorders</u> (Guilford, 2009). With Dr. Jack Naglieri he has co-edited the Learning and Attention Disorders in Adolescence and Adulthood (Wiley, 2011), Practitioners Guide to Assessing Intelligence and Achievement (Wiley, 2009), Assessing Impairment: From Theory to Practice (Springer, 2009), and Encyclopedia of Child Behavior and Development (Springer Publishers, 2010). He has authored a children's book Some Kids Can't Sit Still (Specialty Press, 2009). Additionally, he and Dr. Naglieri are developing three new assessment measures evaluating autism, impairment and learning disabilities. The first, Autism Spectrum Rating Scale (MHS, 2010), was recently published. He speaks nationally and internationally approximately thirty times per year on topics including resilience, child development, genetics, autism, neuropsychological disorders, brain injury and Attention Deficit Hyperactivity Disorder.

Dr. Goldstein holds Diplomate status in Medical Psychotherapy awarded by the American Board of Medical Psychotherapists, General Psychotherapy awarded by the American Psychotherapy Association, Pain Management awarded by the American Academy of Pain Management and Disability awarded by the American Board of Professional Disability Consultants. He is a Fellow in the National Academy of Neuropsychology and the American Academy of Cerebral Palsy and Developmental Medicine. Since 1982, Dr. Goldstein has worked in a private practice setting as Director of the Neurology, Learning and Behavior Center, providing evaluation, case management and treatment services for children and adults with histories of neurological disease and trauma, learning disability, adjustment difficulties and attention deficit disorder. Dr. Goldstein is on staff at the University Neuropsychiatric Institute. He has served as a member of the Children's Hospital Craniofacial Team. He has also been a member of the Developmental Disabilities Clinic in the Department of Psychiatry.

www.samgoldstein.com

## Dean C. Delis, Ph.D. A.B.P.P.



Dr. Delis is a Professor of Psychiatry at the University of California- San Diego School of Medicine, where he has been on the faculty since 1985. He is also an Adjunct Professor of Psychology at San Diego State University, and Director of the Psychological Assessment Unit at the San Diego Veterans Affairs Medical Center. He is a licensed clinical psychologist in California, and board

certified in clinical neuropsychology from the American Board of Professional Psychology and American Board of Clinical Neuropsychology. He has served on the editorial boards of several prominent journals in neuropsychology and psychological assessment. He has published over 100 research articles, book chapters, books, and neuropsychological tests.

Dr. Delis has conducted research on the nature of cognitive deficits in children and adults with various neurological or psychiatric disorders. His investigations have focused on the cerebral organization of spatial cognition, memory, and executive functions. He has also published 15 clinical neuropsychological tests for children and adults that are used nationally.

Dr. Delis conducts clinical neuropsychological evaluations of children and adults with a wide range of neurological and psychiatric disorders. He has co-authored several clinical tests including the California Verbal Learning Test (CVLT), CVLT-II, CLVT- Children's Version, WAIS-R as a Neuropsychological Instrument and the WISC-III as a Process Instrument.

A selection of his publications includes:

<u>Visuospatial dysfunction following unilateral brain damage:</u>
<u>Dissociations in hierarchical and hemispatial analysis</u> in the

Journal of Clinical and Experimental Neuropsychology;

<u>Profiles of demented and amnesic patients on the California</u>

<u>Verbal Learning Test: Implications for the assessment of memory disorders; Neuropsychological Testing, Encyclopedia of Psychology; The Delis-Kaplan Executive Function System.</u>

//psychiatry.ucsd.edu/faculty/ddelis.html

You can only become truly accomplished at something you love. Don't make money your goal. Instead pursue the things you love doing and then do them so well that people can't take their eyes off of you.

Maya Angelou



**Char Armstrong** Lisa Bartilotta Debbie Bassett **Barb Bieber** Janelle Bierdeman Melisa Cellan Andrea Clyne Franci Crepeau-Hobson Suzanne Delap Kris Kirk-Flower Priscilla Grissom Cindy Grubbs Natalie Koncz **Beth May** Alison McGrath Lynnette Pfeiffer Jenny Shell Julie Stonis Tia Stroup Jen Westman Shayna Whitehouse Megan Wolf

www.cssponline.org